

NJL Northern Promotion RESULTS
Wigan, Robin Park Arena, Sun 7 September 2008

M 100m A

1 Umar Hameed	LDS 11.1
2 David Clark	GLA 11.1
3 Bruce Pilkington	BUH 11.2
4 Sam Thorpe	RTM 11.3
5 Ryan Scott	TFV 11.4
6 Steve Richardson	KUH 11.5
7 Ryan Sumner	PST 11.7
8 Carwyn Owen	NWS 11.9

M 100m B

1 Tom Mosley U17	LDS 11.1
2 Calum Innes	GLA 11.2
3 Callum Woods U17	TFV 11.3
4 Chris Burgess	BUH 11.4
5 Garwain Rogers	NWS 11.8
6 Jorden Flude	RTM 12.0
7 Ben Bainbridge U17	KUH 12.1

M 200m A

1 Umar Hameed	LDS 22.5
2 Callum Woods U17	TFV 22.7
3 Sam Thorpe	RTM 22.7
4 David Clark	GLA 22.8
5 Bruce Pilkington	BUH 23.0
6 Cynan Evans	NWS 23.4
7 Steve Richardson	KUH 23.8
8 Ryan Sumner	PST 24.6

M 200m B

1 Matt Osbourne	BUH 22.3
2 Kyle Henderson U17	TFV 22.7
3 Kyle Jeffrey	LDS 22.8
4 Garwain Rogers	NWS 22.9
5 Lorn Menzies	GLA 23.9
6 Jamie Bennett	RTM 24.3
7 Edward Greenall U17	PST 24.3
8 Tom Butler	KUH 24.8

M 400m A

1 Cynan Evans	NWS 51.8
2 Stephen Bennett	PST 52.4
3 Gareth Morteton U17	RTM 52.5
4 Usman Ashraf	GLA 52.8
5 Tom Roberts	LDS 53.4
6 Stephen Roy	TFV 53.9
7 Tom Butler	KUH 55.5
8 Sam Gough	BUH 57.3

M 400m B

1 Lorn Menzies	GLA 52.9
2 Michael Salter	LDS 53.4
3 Jack Taylor U17	BUH 54.1
4 Steven Ormarod U17	PST 54.7
5 Lewis Grant U17	TFV 55.4
6 Nathan Buckingham	RTM 56.0
7 Tim Davies	NWS 56.1

M 800m A

1 Sean Riley	TFV 1.57.4
2 Stuart Ross U17	GLA 1.57.6
3 Frazer Jardine	BUH 1.58.4
4 Michael Salter	LDS 1.58.9
5 Matt Lloyd	PST 2.04.3
6 Lewis Myatt U17	NWS 2.07.1
7 Mark Cage	KUH 2.11.5
8 Jamie Bennett	RTM 2.13.1

M 800m B

1 Craig McDowell U17	TFV 2.01.3
2 Sam Gough	BUH 2.03.2
3 Michael Wood U17	LDS 2.03.7
4 Ben Akin U17	PST 2.08.4
5 Tom Snowden	NWS 2.11.1
6 Kenneth Boyd	GLA 2.14.5
7 David Smith	RTM 2.19.9

M 1500m A

1 James Wilkinson	LDS 4.08.2
2 Dave Mountford	NWS 4.10.5
3 Scott McDonald	TFV 4.11.4
4 Stephen Bennett	PST 4.13.5
5 Matty Pye	KUH 4.18.1
6 Sean Fontana	GLA 4.19.1
7 Frazer Jardine	BUH 4.22.3
8 David Smith	RTM 4.54.0

M 1500m B

1 Joe Townsend	LDS 4.12.3
2 Jamie Wright U17	NWS 4.17.5
3 Ian Hardacre	TFV 4.20.8
4 Matthew Davison	PST 4.22.1
5 Stuart Ross U17	GLA 5.02.8

M 3000m A

1 James Wilkinson	LDS 8.51.2
2 Scott McDonald	TFV 8.55.4
3 Ricky Challenor	NWS 9.03.6
4 Matty Pye	KUH 9.08.5
5 Sean Fontana	GLA 9.16.1
6 Josh Skinner	PST 9.50.0
7 David Smith	RTM 10.05.5
8 Robert Ashworth	BUH 10.13.4

M 3000m B

1 Robert Inglis	TFV 9.27.2
2 Phil Edge	NWS 9.32.3
3 Rharida Munro	GLA 9.42.8
4 Jack Robinson	KUH 9.45.9
5 Alex Davy	LDS 9.47.2
6 Kristian Bibby U17	PST 10.11.7
7 James Eccles	BUH 14.21.7

M 110mH A

1 Calum Innes	GLA 15.2
2 Andrew Robinson	PST 15.9
3 Tom Casey	LDS 16.5
4 Lewis Coulton	BUH 16.5
5 Garry Plain U17	TFV 17.9
6 Mark Cage	KUH 19.9
7 Liam Thompson U17	RTM 23.6

M 110mH B

1 Adam Timms	LDS 15.4
2 David Clark	GLA 17.4
3 George Pickering U17	KUH 18.2
4 Daren Thompson	TFV 19.4
5 Andrew Harrison U17	PST 19.7
6 David Coupe	RTM 21.5

M 400mH A

1 Martin Hayes	GLA 58.3
2 Edward Greenall U17	PST 58.7
3 Tom Lindsay	LDS 60.3
4 Daren Thompson	TFV 62.5
5 Mark Cage	KUH 62.8
6 Sam Gough	BUH 64.6
7 Daniel Burton U17	NWS 66.1
8 Liam Thompson U17	RTM 70.0

M 400mH B

1 Lewis Coulton	BUH 62.5
2 James Lavin	LDS 63.8
3 Josh Skinner	PST 66.7
4 Rharida Munro	GLA 67.8
5 Johnathon Tolson	TFV 68.2
6 Arron Raspin U17	KUH 70.1
7 Sam Howis U17	RTM 71.0
8 Phil Edge	NWS 77.9

M 2000m Sc A

1 Martin Hayes	GLA 6.17.4
2 Alex Hendry	TFV 6.22.9
3 James Lavin	LDS 6.24.6
4 Ricky Challenor	NWS 6.24.9
5 Frazer Jardine	BUH 6.33.1
6 Andrew Harrison U17	PST 7.14.3
7 Mark Cage	KUH 7.24.6
8 Sam Howis U17	RTM 7.33.7

M 2000m Sc B

1 Ed Mason	LDS 6.43.5
2 Johnathon Tolson	TFV 6.49.8
3 Rharida Munro	GLA 6.52.1
4 Lewis Myatt U17	NWS 6.58.9
5 Richard Morrell U17	PST 7.35.9
6 Liam Thompson U17	RTM 8.13.4

M Discus Throw A

1 Alan McKay	GLA 43.60
2 Kane Humphry U17	RTM 41.29
3 Pete Smith	KUH 38.82
4 Kyle Randles U17	TFV 36.41
5 Adam Timms	LDS 35.93
6 Stephen Porter	PST 35.16
7 Michael O'Donnell	BUH 24.63
8 Tom Snowden	NWS 9.31

M Discus Throw B

1 Daniel Carlin	GLA 42.37
2 Andrew Robinson	PST 29.57
3 David Coupe	RTM 21.83
4 Mike Jennings	KUH 21.09
5 Lewis Coulton	BUH 18.84
6 Declan Wright U17	TFV 18.81

M Hammer Throw A

1 Pete Smith	KUH 71.09
2 Kyle Randles U17	TFV 46.75
3 Andrew McLaughlan 17	GLA 38.05
4 Michael O'Donnell	BUH 22.91
5 Karl Evenden U17	LDS 18.40
6 Andrew Harrison U17	PST 17.90
7 Jorden Flude	RTM 16.13

M Hammer Throw B

1 Mike Jennings	KUH 56.25
2 Alan McKay	GLA 31.17
3 John McOnish	TFV 16.61
4 Wes Walker	LDS 16.54
5 Ben Akin U17	PST 13.00

M High Jump A

1 Cameron Gore	PST 1.90
2 David Smith	GLA 1.90
3 Garry Plain U17	TFV 1.90
4 Garwain Rogers	NWS 1.80
5 Adam Timms	LDS 1.80
6 Ricky Lowe	BUH 1.75
7 Liam O'Malley	RTM 1.65
8 George Pickering U17	KUH 1.60

M High Jump B

1 Andrew Robinson	PST 1.90
2 Greg Boyd	TFV 1.90
3 David Clunie	GLA 1.70
4 Kyle Jeffrey	LDS 1.70
5 Jamie Bennett	RTM 1.65

M Javelin Throw A

1	Matthew Hunt	KUH	61.50
2	Stephen Porter	PST	53.69
3	Michael O'Donnell	BUH	46.96
4	Wes Walker	LDS	41.50
5	Andrew McLaughlan 17	GLA	36.68
6	Kane Humphry U17	RTM	33.82
7	Declan Wright U17	TFV	31.84
8	Ricky Challenor	NWS	30.68

M Long Jump A

1	Adam Timms	LDS	6.82
2	Calum Innes	GLA	6.79
3	Andrew Robinson	PST	6.63
4	Kyle Henderson U17	TFV	6.54
5	Matt Osbourne	BUH	6.49
6	Steve Richardson	KUH	6.20
7	Liam O'Malley	RTM	5.38
8	Carwyn Owen	NWS	5.21

M Pole Vault A

1	Calum Sharpe	GLA	4.00
2	Andrew Harrison U17	PST	3.40
3	Grant Isdale U17	TFV	2.80
4	Arron Raspin U17	KUH	2.80
5	Michael O'Donnell	BUH	2.50

M Shot Putt A

1	Daniel Carlin	GLA	15.14
2	Adam Timms	LDS	12.50
3	Pete Smith	KUH	12.16
4	Kyle Randles U17	TFV	11.63
5	Kane Humphry U17	RTM	9.71
6	James Eccles	BUH	8.60
7	Steven Ormarod U17	PST	7.96
8	Carwyn Owen	NWS	7.13

M Triple Jump A

1	Ricky Lowe	BUH	13.14
2	Adam Williams	NWS	13.00
3	Andrew Robinson	PST	12.92
4	Garry Plain U17	TFV	12.73
5	Liam O'Malley	RTM	11.92
6	Tom Lindsay	LDS	11.90
7	David Smith	GLA	11.75
8	George Pickering U17	KUH	11.50

W 100m A

1	Emma Jackson U17	KUH	12.3
2	Jennifer Hannah U17	GLA	12.6
3	Hannah Thomas U17	NWS	12.8
4	Harriet James U17	PST	12.8
5	Alix Wilson	TFV	13.0
6	Michelle Derung	BUH	13.3
7	Kadeena Cox	LDS	13.3
8	Heather Dyson U17	RTM	14.3

M Javelin Throw B

1	Sean Rose U17	KUH	37.61
2	Ricky Lowe	BUH	36.75
3	Michael Porter U17	PST	31.23
4	Martin Hayes	GLA	29.63
5	Gareth Morteton U17	RTM	29.43
6	John McOnish	TFV	22.88
7	Karl Evenden U17	LDS	22.45
8	Tom Snowden	NWS	12.13

M Long Jump B

1	Tom Lindsay	LDS	6.51
2	Andrew Macfarlane 17	GLA	6.06
3	Grant Isdale U17	TFV	6.01
4	Ryan Sumner	PST	5.59
5	Sean Rose U17	KUH	4.65
6	Phil Edge	NWS	4.37

M Pole Vault B

1	Jax Thors U17	GLA	2.90
2	Declan Wright U17	TFV	2.10
3	George Sharp U17	PST	2.00

M Shot Putt B

1	Alan McKay	GLA	14.59
2	Greg Boyd	TFV	10.60
3	Mike Jennings	KUH	9.49
4	Nathan Buckingham	RTM	9.34
5	Karl Evenden U17	LDS	8.00
6	Anthony Dunn U17	BUH	7.98
7	Michael Porter U17	PST	7.93
8	Dave Mountford	NWS	5.95

M Triple Jump B

1	Cameron Gore	PST	12.17
2	Fraser Weir U17	TFV	11.78
3	Josh Boaler U17	BUH	11.67
4	Garwain Rogers	NWS	11.51
5	David Clunie	GLA	11.07
6	Ben Bainbridge U17	KUH	10.21
7	David Coupe	RTM	10.19
8	Michael Williams	LDS	10.05

W 100m B

1	Hannah Pendlebury	NWS	12.5
2	Megan Hoult U17	KUH	12.7
3	Danni Carr	LDS	12.9
4	Liouisa Hodgson U17	PST	13.2
5	Hazel Blair	GLA	13.5
6	Danielle Heald U17	RTM	13.6
7	Hannah Scholes	BUH	13.8
8	Rachael McIlwraith	TFV	14.4

W 200m A			W 200m B		
1 Emma Jackson U17	KUH	25.2	1 Hannah Pendlebury	NWS	25.8
2 Hannah Thomas U17	NWS	26.1	2 Amy Giblin	KUH	27.4
3 Kadeena Cox	LDS	26.7	3 Rebekah Ingham	PST	27.5
4 Danielle Heald U17	RTM	27.7	4 Kirsty Hunter	TFV	27.8
5 Alix Wilson	TFV	27.7	5 Danni Carr	LDS	27.8
6 Sarah Goodwin U17	GLA	27.7	6 Lexi Cochrane U17	BUH	28.1
7 Sian Pledger	BUH	28.0	7 Heather Dyson U17	RTM	29.0
8 Hannah Lupton U17	PST	28.3	8 Emma Dowd U17	GLA	29.4
W 400m A			W 400m B		
1 Stephanie Roe	PST	58.6	1 Sophie Fletcher U17	PST	60.4
2 Sonia Santos U17	KUH	59.2	2 Katie McKnight U17	GLA	61.1
3 Kirsty Hunter	TFV	59.8	3 Jemma Creaghan U17	RTM	62.8
4 Rachel Speight U17	LDS	60.4	4 Rachel Pounds	BUH	63.6
5 Jennifer Hannah U17	GLA	61.4	5 Ashley Madden	TFV	63.8
6 Rebecca Fordham	BUH	62.4	6 Jess Dobson	LDS	64.7
7 Rebecca White	RTM	63.2			
W 800m A			W 800m B		
1 Amanda Campbell	TFV	2.19.2	1 Rachael McIllwraith	TFV	2.25.6
2 Rebecca Nuttall	NWS	2.20.0	2 Elana Dowthwaite U17	PST	2.26.8
3 Lucy Sumner U17	PST	2.22.4	3 Abbey Oliver U17	NWS	2.34.2
4 Sophie Waterhouse	LDS	2.25.2	4 Rebecca Hart	GLA	2.46.3
5 Lucinda Logan	GLA	2.36.7	5 India Haresign U17	LDS	2.58.7
6 Rebecca Kay U17	BUH	2.38.4			
W 1500m A			W 1500m B		
1 Sarah Inglis	TFV	4.49.6	1 Mhari Inglis	TFV	4.50.6
2 Rebecca Nuttall	NWS	5.01.1	2 Rachel Devney	LDS	5.40.7
3 Sophie Waterhouse	LDS	5.05.9	3 Rachel Pounds	BUH	5.56.1
4 Ellen Buckley U17	PST	5.18.3	4 Caroline Adams	GLA	6.46.6
5 Rebecca Fordham	BUH	5.21.1			
6 Erin Leegate	GLA	5.39.1			
W 3000m A			W 3000m B		
1 Sarah Inglis	TFV	10.06.0	1 Elana Dowthwaite U17	PST	12.22.8
2 Abigail Mackley U17	PST	11.24.2	2 Robyn McDowell	TFV	12.52.1
3 Rebecca Fordham	BUH	12.39.2	3 Rachel Pounds	BUH	13.14.8
4 Rebecca Devney	LDS	13.11.0	4 India Haresign U17	LDS	13.24.6
5 Caroline Adams	GLA	14.29.8			
W 100mH A			W 100mH B		
1 Harriet James U17	PST	15.4	1 Rebekah Ingham	PST	16.1
2 Augusta Carmen U17	GLA	16.7	2 Jennifer Hutchinson	TFV	18.6
3 Lynne Hunter	TFV	17.3	3 Lucinda Logan	GLA	21.2
4 Jess Dobson	LDS	18.8			
5 Olivia McGreevy	BUH	18.9			
6 Lois Earl	KUH	20.9			
7 Rebecca Middleton 17	RTM	21.5			
W 400mH A			W 400mH B		
1 Lynne Hunter	TFV	64.5	1 Jennifer Hutchinson	TFV	69.3
2 Sonia Santos U17	KUH	67.6	2 Rebecca Kay U17	BUH	72.2
3 Augusta Carmen U17	GLA	71.4	3 Rebecca Hart	GLA	76.2
4 Jess Dobson	LDS	72.3	4 Hannah Watson	PST	78.2
5 Olivia McGreevy	BUH	75.3	5 Rebecca Devney	LDS	78.4
6 Rebecca Middleton 17	RTM	78.7			
7 Katrina Hall	PST	84.2			

W 1500m Sc A
No competitors

W Discus Throw A

1 Hannah Evenden	LDS	40.32
2 Rhianydd Parry	TFV	34.17
3 Stacey Lebond	RTM	22.01
4 Emma Pinkowicz U17	PST	20.24
5 Katie Riches	GLA	17.30
6 Olivia McGreevy	BUH	15.11

W Hammer Throw A

1 Myra Perkins U17	TFV	49.02
2 Hannah Evenden	LDS	45.33
3 Stacey Lebond	RTM	40.89
4 Emma Pinkowicz U17	PST	23.70
5 Katie Riches	GLA	15.93

W High Jump A

1 Rebekah Ingham	PST	1.65
2 Erin Leegate	GLA	1.60
3 Sian Swanson U17	NWS	1.50
4 Tanya Marshall	TFV	1.45
5 Sonia Santos U17	KUH	1.40
6=Sian Pledger	BUH	1.30
6=Kim Bateman	RTM	1.30

W Javelin Throw A

1 Alice Simpson	LDS	29.53
2 Kayleigh Huggins U17	PST	25.93
3 Claire Lebond U17	RTM	24.12
4 Katie Riches	GLA	21.21
5 Rachael McKie	TFV	21.09
6 Lorna Morton U17	KUH	12.57
7 Rebecca Fordham	BUH	9.67
8 Rebecca Nuttall	NWS	8.41

W Long Jump A

1 Harriet James U17	PST	5.45
2 Sian Pledger	BUH	4.89
3 Megan Hoult U17	KUH	4.77
4 Emma Dowd U17	GLA	4.67
5 Sian Swanson U17	NWS	4.48
6 Kim Bateman	RTM	3.89
7 Kadeena Cox	LDS	3.73
8 Robyn McDowell	TFV	3.57

W Pole Vault A

1 Christina Hughes	NWS	3.40
2 Amy Grant U17	TFV	2.70
3 Beth Arandle U17	KUH	2.70
4 Caroline Adams	GLA	2.70
5 Emma McCann U17	PST	2.10

W Shot Putt A

1 Hannah Evenden	LDS	12.47
2 Rebekah Ingham	PST	9.19
3 Stacey Lebond	RTM	9.17
4 Lois Earl	KUH	9.00
5 Rhianydd Parry	TFV	8.66
6 Katie Riches	GLA	8.30
7 Sian Pledger	BUH	5.92

W 1500m Sc B
No competitors

W Discus Throw B

1 Carrie Simpson U17	LDS	27.44
2 Myra Perkins U17	TFV	23.33
3 Claire Lebond U17	RTM	21.35
4 Kayleigh Huggins U17	PST	15.91
5 Sarah Goodwin U17	GLA	14.67
6 Lexi Cochrane U17	BUH	12.71

W Hammer Throw B

1 Alice Simpson	LDS	36.09
2 Claire Lebond U17	RTM	34.22
3 Rhianydd Parry	TFV	31.14
4 Hannah Watson	PST	15.55
5 Lucinda Logan	GLA	14.28

W High Jump B

1 Hazel Blair	GLA	1.55
2 Hannah Lupton U17	PST	1.50
3 Amy Giblin	KUH	1.40
4 Alix Wilson	TFV	1.30
5 Sammy Boaler	BUH	1.30

W Javelin Throw B

1 Rebekah Ingham	PST	23.46
2 Stacey Lebond	RTM	21.51
3 Mhari Inglis	TFV	18.16
4 Alison Innes U17	GLA	14.61
5 Carrie Simpson U17	LDS	13.34
6 Beth Arandle U17	KUH	11.52
7 Hannah Scholes	BUH	6.65
8 Abbey Oliver U17	NWS	6.48

W Long Jump B

1 Katrina Hall	PST	4.56
2 Hannah Scholes	BUH	4.52
3 Lois Earl	KUH	4.50
4 Heather Dyson U17	RTM	3.70
5 Amanda Campbell	TFV	3.30
6 India Haresign U17	LDS	2.81
7 Lucinda Logan	GLA	1.68

W Pole Vault B

1 Rebecca Davies U17	NWS	3.30
2 Tanya Marshall	TFV	2.60
3 Augusta Carmen U17	GLA	2.20
4 Lorna Morton U17	KUH	1.90
5 Nicola Jackson U17	PST	1.80

W Shot Putt B

1 Alice Simpson	LDS	11.83
2 Hannah Lupton U17	PST	8.94
3 Alison Innes U17	GLA	7.40
4 Rachael McKie	TFV	7.34
5 Rebecca White	RTM	5.88
6 Sammy Boaler	BUH	5.68

W Triple Jump A		W Triple Jump B	
1 Hazel Blair	GLA 10.25	1 Emma Dowd U17	GLA 9.87
2 Megan Hoult U17	KUH 9.97	2 Hannah Scholes	BUH 9.42
3 Katrina Hall	PST 9.94	3 Hannah Evenden	LDS 9.01
4 Sian Swanson U17	NWS 9.58	4 Lucy Sumner U17	PST 8.71
5 Saffron McKee U17	BUH 9.57		
6 Rachel Speight U17	LDS 9.50		
7 Kim Bateman	RTM 9.41		
8 Sarah Inglis	TFV 9.09		

W 4x100m Relay

1 KUH 50.5	1 Emma Jackson U17	2 Megan Hoult U17
	3 Sonia Santos U17	4 Amy Giblin
2 PST 51.4	1 Harriet James U17	2 Hannah Lupton U17
	3 Sally Thompson U17	4 Rebekah Ingham
3 TFV 51.6	1 Jennifer Hutchinson	2 Lynne Hunter
	3 Kirsty Hunter	4 Alix Wilson
4 LDS 51.7	1 Jess Dobson	2 Rachel Speight U17
	3 Danni Carr	4 Kadeena Cox
5 BUH 53.5	1 Sian Pledger	2 Hannah Scholes
	3 Michelle Derung	4 Lexi Cochrane U17
6 RTM 54.0	1 Heather Dyson U17	2 Rebecca White
	3 Danielle Heald U17	4 Jemma Creaghan U17
7 GLA 55.1	1 Lucinda Logan	2 Rebecca Hart
	3 Abbey Marshall	4 Augusta Carmen U17

W 4x400m Relay

1 TFV 4.01.0	1 Jennifer Hutchinson	2 Lynne Hunter
	3 Amanda Campbell	4 Kirsty Hunter
2 PST 4.05.9	1 Lucy Sumner U17	2 Elana Dowthwaite U17
	3 Stephanie Roe	4 Sophie Fletcher U17
3 GLA 4.08.8	1 Erin Leegate	2 Hazel Blair
	3 Jennifer Hannah U17	4 Katie McKnight U17
4 RTM 4.20.1	1 Rebecca White	2 Jemma Creaghan U17
	3 Kim Bateman	4 Rebecca Middleton 17
5 LDS 4.22.2	1 Rachel Speight U17	2 Sophie Waterhouse
	3 Danni Carr	4 Kadeena Cox
6 BUH 4.25.7	1 Rebecca Fordham	2 Rachel Pounds
	3 Rebecca Kay U17	4 Michelle Derung

M 4x100m Relay

1 BUH 44.0	1 Bruce Pilkington	2 Matt Osbourne
	3 Chris Burgess	4 Ricky Lowe
2 TFV 45.3	1 Ryan Scott	2 Kyle Henderson U17
	3 Grant Isdale U17	4 Callum Woods U17
3 LDS 45.6	1 Tom Roberts	2 Umar Hameed
	3 Tom Mosley U17	4 Tom Lindsay
4 NWS 45.6	1 Garwain Rogers	2 Carwyn Owen
	3 Adam Williams	4 Cynan Evans
5 RTM 46.3	1 Sam Thorpe	2 Liam O'Malley
	3 Liam O'Malley	4 Gareth Morteton U17
6 PST 47.4	1 Ryan Sumner	2 Edward Greenall U17
	3 Cameron Gore	4 George Sharp U17
7 GLA 47.7	1 Usman Ashraf	2 David Smith
	3 Jax Thors U17	4 David Clunie
8 KUH DNF		

M 4x400m Relay

1 GLA 3.28.6	1 Lorn Menzies	2 Stuart Ross U17
	3 David Clark	4 Usman Ashraf
2 RTM 3.29.3	1 Nathan Buckingham	2 Jamie Bennett
	3 Gareth Morteton U17	4 Sam Thorpe
3 LDS 3.29.4	1 Michael Salter	2 Tom Roberts
	3 Umar Hameed	4 Tom Mosley U17
4 TFV 3.33.6	1 Daren Thompson	2 Craig McDowell U17
	3 Stephen Roy	4 Sean Riley
5 BUH 3.36.2	1 James Eccles	2 Jack Taylor U17
	3 Sam Gough	4 Bruce Pilkington
6 PST 3.38.0	1 Matt Lloyd	2 Ben Akin U17
	3 Steven Ormarod U17	4 Stephen Bennett
7 KUH 3.46.4	1 Tom Butler	2 Steve Richardson
	3 Matty Pye	4 Jack Robinson
8 NWS 3.48.7	1 Tim Davies	2 Tom Snowden
	3 Dave Mountford	4 Phil Edge

	Points
1 TEAM FORTH VALLEY	482
2 TEAM GLASGOW	470
3 Preston Harriers	455
4 Leeds City AC	431
5 Bolton United Harriers	320.5
6 Kingston Upon Hull AC	291
7 Rotherham H. & AC	256.5
8 NORTH WALES	239

Athlete of the Match

Pete Smith KUH Hammer 71.09M

Hannah Evenden Leeds Discus 40.32M

General Comment

No competitors W 1500m Sc A&B,

Note(s)

Wigan, Robin Park Arena, Sun 7 September 2008

Team		BUH	KUH	LDS	NWS	PST	RTM	TFV	GLA	POINTS			
No's		1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

M 100m	A	8	5	11	3	4	7	6	9	53	0	53	
	B	5	2	9	4	0	3	6	7	36	1	37	
Cumulative		13	7	20	7	4	10	12	16	89	1	90	

M 200m	A	6	4	11	5	3	8	9	7	53	0	53	
	B	9	1	6	5	2	3	7	4	37	0	37	
Cumulative		28	12	37	17	9	21	28	27	179	1	180	

M 400m	A	3	4	6	11	9	8	5	7	53	0	53	
	B	6	0	7	2	5	3	4	9	36	1	37	
Cumulative		37	16	50	30	23	32	37	43	268	2	270	

M 800m	A	8	4	7	5	6	3	11	9	53	0	53	
	B	7	0	6	4	5	2	9	3	36	1	37	
Cumulative		52	20	63	39	34	37	57	55	357	3	360	

M 1500m	A	4	6	11	9	7	3	8	5	53	0	53	
	B	0	0	9	7	5	0	6	4	31	6	37	
Cumulative		56	26	83	55	46	40	71	64	441	9	450	

M 3000m	A	3	7	11	8	5	4	9	6	53	0	53	
	B	2	5	4	7	3	0	9	6	36	1	37	
Cumulative		61	38	98	70	54	44	89	76	530	10	540	

M 110mH	A	7	5	8	0	9	4	6	11	50	3	53	
	B	0	6	9	0	4	3	5	7	34	3	37	
Cumulative		68	49	115	70	67	51	100	94	614	16	630	

M 400mH	A	5	6	8	4	9	3	7	11	53	0	53	
	B	9	3	7	1	6	2	4	5	37	0	37	
Cumulative		82	58	130	75	82	56	111	110	704	16	720	

M 2000Sc	A	6	4	8	7	5	3	9	11	53	0	53	
	B	0	0	9	5	4	3	7	6	34	3	37	
Cumulative		88	62	147	87	91	62	127	127	791	19	810	

M DT	A	4	8	6	3	5	9	7	11	53	0	53	
	B	4	5	0	0	7	6	3	9	34	3	37	
Cumulative		96	75	153	90	103	77	137	147	878	22	900	

M HT	A	7	11	6	0	5	4	9	8	50	3	53	
	B	0	9	5	0	4	0	6	7	31	6	37	
Cumulative		103	95	164	90	112	81	152	162	959	31	990	

Wigan, Robin Park Arena, Sun 7 September 2008

Team	BUH	KUH	LDS	NWS	PST	RTM	TFV	GLA	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

M 4x1	11	0	8	7	5	6	9	4	50	3	53	
Cumulative	314.5	287	423	236	455	247.5	475	459	2892	327	3219	

M 4x4	6	4	8	3	5	9	7	11	53	0	53	
Cumulative	320.5	291	431	239	455	256.5	482	470	2945	327	3272	

Add	0	0	0	0	0	0	0	0	0	0	0	
subtract	0	0	0	0	0	0	0	0	0	0	0	
Cumulative	320.5	291	431	239	455	256.5	482	470	2945	327	3272	

TOTALS	320.5	291	431	239	455	256.5	482	470	2945	327	3272	

Pos	Team	Points	Add	Sub	Total	Lge
1	TEAM FORTH VALLEY	482	0	0	482	8
2	TEAM GLASGOW	470	0	0	470	7
3	Preston Harriers	455	0	0	455	6
4	Leeds City AC	431	0	0	431	5
5	Bolton United Harriers	320.5	0	0	320.5	4
6	Kingston Upon Hull AC	291	0	0	291	3
7	Rotherham H. & AC	256.5	0	0	256.5	2
8	NORTH WALES	239	0	0	239	1

Used + add - sub = total 2945 0 0 2945
 Unused points 327 327
 (Used+unused)+add-sub=total 3272 0 0 3272

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
TFV A	7	7	6	7	6	1	1	2	B 5	10	6	4	4	2	0	1
GLA A	8	7	3	5	7	4	3	0	B 6	5	7	5	6	1	1	1
PST A	5	10	4	5	2	6	3	2	B 7	4	4	9	4	1	2	0
LDS A	8	2	7	8	5	2	2	0	B 8	3	4	3	6	2	1	1
BUH A	2	1	4	2	10	9	5	2	B 2	5	4	2	2	4	3	0
KUH A	5	3	4	3	3	5	5	2	B 2	2	4	3	1	3	1	1
RTM A	0	2	6	3	3	5	8	5	B 0	2	3	2	3	6	4	0
NWS A	2	5	3	4	1	2	1	7	B 3	2	1	3	2	1	1	4

Men	Points	Women	Points
1 TEAM GLASGOW	267	1 Preston Harriers	247
2 TEAM FORTH VALLEY	246	2 TEAM FORTH VALLEY	236
3 Leeds City AC	239	3 TEAM GLASGOW	203
4 Preston Harriers	208	4 Leeds City AC	192
5 Bolton United Harriers	177	5 Bolton United Harriers	143.5
6 Kingston Upon Hull AC	158	6 Kingston Upon Hull AC	133
7 Rotherham H. & AC	136	7 Rotherham H. & AC	120.5
8 NORTH WALES	135	8 NORTH WALES	104